SAN DIMAS HIGH SCHOOL 🧼 OCTOR

OCTOBER 31, 2022

THIS WEEK

10/31 - Happy Halloween!

- 11/1 Collaboration Day 2:25pm release
- 11/2 Eat at Chick-fil-A in SD to support Girls Soccer
- 11/3 Jostens will be in the quad at lunch for Junior & Senior orders
- 11/4 Last day to purchase AP Exams use this <u>link</u> for our webstore or go by the Finance Office

Attention all Seniors. Don't miss out on scholarship opportunities!

Seniors the last day to sign up for SDHS PTSA to become a member is *January 31st*. You must be a member to apply for our Scholarships. Join online <u>here</u>.

Seniors now is the time to start applying for the California State PTA has to offer a \$750.00 Volunteer Service Scholarship and a \$500.00 Dr. Ralph E. White Graduating Senior Scholarship. All applications are due by February 1st Apply online <u>here</u>

You Must be an SDHS PTA member!

NEWS & EVENTS

Feel free to skim through our <u>October wellness</u> <u>newsletter</u> and take some mental notes! Please also note our next mental health workshop,

Everything Mental Health: Candid Conversations Mental Health Q&A, October 26 from 5:00pm-6:00pm via Zoom (Meeting ID: 935 4135 0004, Password: wellness). Please submit your questions using the following link: bit.ly/sdworkshop_oct

SDHS Drama Presents:

"Zap" and "The Actor's Nightmare", two one-act comedies for your theatrical enjoyment. Featuring an student cast and crew of 24, these two short plays will have you rolling in the aisles.

• Shows run Nov. 2, 3, 4, 6

- BUSD student tickets are always \$5 in the SDHS Finance office (Students/parents can walk in or reach out to Tracy Robles directly at robles@bonita.k12.ca.us or extension 3060).
 - Presale general admission is \$10 in the finance office or at <u>http://our.show/sdhsdrama/zap</u>
 - Walk-up tickets are \$12 cash.

www.sandimashigh.com

SAN DIMAS HIGH SCHOOL STUDENTS

SDCP Volunteer Opportunities <u>City of SD</u> 11/18 - Senior Dinner 3:30-7:30 If interested, please contact Nadia Lopez nlopez@sandimasca.gov San Dimas HEROES

Looking for 8 to 10 students who want to earn 4 hours (for 2 hours work) setting up and tearing down chairs for our Veterans Day event on **November 11th**. 12:00 to 1:00 pm for setup and from 4:45 – 5:45 pm for tear down. Please have them call Mrs. Stevenson at 951-217-0554. Remember to take your Community Service sheet!



Come and hear about college! College reps will be on campus. Check out the schools below and sign up to attend in the media center. 11/2 - Biola University <u>link</u> 11/14 - CBU on-the-spot <u>link</u> (Seniors only) 11/16 - CSU Chico State <u>link</u> 12/2 - Cal Poly Pomona EAP <u>link</u> (Juniors only) 12/7 ULV on-the-spot event <u>link</u> 12/9 - APU on-the-spot event <u>link</u> (Seniors only) 12/13 - Northern AZ University <u>link</u> (Must sign up to attend)

AP Exams will be made available for purchase
Monday, October 3rd thru Friday, November
4th, 2022 for \$100.00 each. Please pay all fees in
the Finance Office or on the online web store here
by Friday, November 4, 2022 at 3:00 p.m. There
is an opportunity for students to make payments
over time if needed. Click here for more info

SAINTS ATHLETICS

ATTENTION!

You <u>must</u> have a physical on file **dated after May 1st, 2022 and signed by an MD, DO or PA only (if signed by NP, please make sure the doctor's office stamps the form)**. This is for tryouts, practice and regular season. For more info about athletic clearance, go <u>here</u>

Want to play a winter sport? Reach out to a coach for more info!

<u>Girls Basketball</u> Coach Jackson coachjackson@verizon.net <u>Girls Wrestling</u> Coach Jesse sdladysaints@yahoo.com <u>Girls Soccer</u> Coach Arenas coacharenassdhs@gmail.com <u>Girls Water Polo</u> Coach Jessee yamamx612@gmail.com

Boys Soccer Coach LeVay elevay1@hotmail.com Boys Wrestling Coach Jim jrsdwrestling@verizon.net Boys Basketball Coach Ketterling j.ketterling@bonita.k12.ca.us

Upcoming Tryouts

Boys Soccer 10/31, 11/2 & 3 3:45-5:30 Grass soccer field

Boys BB Nov 1 & 2 after school in the gym

www.sandimashigh.com



FOR UP-TO-DATE CIF SCHEDULE, PLEASE CHECK THE CALENDAR ON <u>SANDIMASHIGH.COM</u>

<u>TUESDAY 11/1/22</u> BOYS VARSITY WATER POLO VS. PALM SPRINGS @ CHARTER OAK HS - 5PM - AWAY

> <u>THURS 11/3/22</u> BOYS WATER POLO - TBD

<u>FRIDAY 11/4/22</u> VARSITY FOOTBALL VS. WEST COVINA @ 7PM -HOME

> <u>SATURDAY 11/5/22</u> BOYS WATER POLO - TBD

> > www.sandimashigh.com -

SAN DIMAS HIGH SCHOOL DRAMA CLUB PRESENTS

A Night of One-Act Comedies

TWO ENSEMBLE PERFORMANCES, FEATURING:

Bailey Starlene Samantha Briere Isabelle Calvo Amerie Cardenas Serene Daoud Sebastian Estrada Christian Howes Audrey Lopez Sabrina Lopez Steve Moreno Angela Pawluk Elsa Pignotti Bozrin Porter Sam Rheuark Ceani Rodriguez Brielle Salles Soft Washburn

November 2, 3, 6 @ 7 PM November 4@5 and 8 PM November 6 @ 2 PM

Tickets:

<u>Students</u>: \$5 in the SDHS finance office <u>Pre-sale</u>: \$10 in the SDHS finance office AND online at <u>http://www.our.show/sdhsdrama/zap</u> <u>At-the-door</u>: \$12 for Everyone

Cloud9@SDHS 800 W. COVINA BLVD. SAN DIMAS, CA 91773



San Dimas High School Boys Wrestling!



▶ First practice starts Monday Oct 31st from 3:30-4:30pm.

- Must have a Physical on File with the SDHS Administration. <u>https://www.sandimashigh.com/Forms/Athletics-Forms/index.html</u>
- > Contact Coach Rodriguez for schedules & updates.
- Join the "Remind" App for critical real time notifications. Class Name: SDHS Boys Wrestling Class Code: sdhsboys
- > Have Wrestling, Running Shoes and Water for Practices.

Coach Contact Information

Boys Head Coach: Jim Rodriguez **Boys Assistant Coach:** Efrain Gonzalez **Boys Strength Coach:** Sean Hoodye cell: 626-252-7735 cell: 626-483-9527 cell: 626-905-2664 email: jrsdwrestling@verizon.net email: <u>alphalionwc@gmail.com</u> email: <u>seanhoodye@yahoo.com</u>

 Twitter: https://twitter.com/jrsdwrestling3
 https://www.instagram.com/san_dimas_wrestling/

 Facebook: https://www.instagram.com/san_dimas_wrestling/

HELP IS GOOD!

<u>NEED HELP?</u> WE WILL COME TO YOU. SCAN BELOW TO GET HELP

WITH ANY SUBJECT! HTTPS://BIT.LY/HELPISGOOD

Fill out the QR Code



During 5th Period



