SAN DIMAS HIGH SCHOOL

# SAINTS BULLETIN WEEKLY NEWSLETTER

### **THIS WEEK**

- 9/19 League games are happening now. See page 3 for this week's schedule
- 9/20 Collab day 2:25pm release

Seniors - You have your first SDCP meeting after school today

- 9/21 University of Tennessee Knoxville visit, sign up below
- 9/22 Make up picture day
- 9/23 Renaissance Day Fall Academics Celebration



Sept 21 - Celebrating North America - Don't miss CABALLO DORADO in the quad at lunch
Sept 22 - Celebrating South America - Soccer
Skill Contest at lunch in the quad
Sept 30 - Celebrating Central America - Enjoy some Pupusas. Must pre-order. Will be delivered during 1st & 2nd lunch.
Oct 3-6 - Celebrating Spain - Chess

Tournaments. Sign up <u>here</u>

**Oct 11** - Celebrating the Caribbean - Salsa Dancing in the quad at lunch

#### Winter Sports Meetings - Parents & Players Girls BB - On 9/19 6:00 PM in room F1.

<u>Girls Soccer</u> - On 9/28 5-6pm in Media Center These meetings are for all girls interested in playing this upcoming season. Coaches will go over very important information. This is the only meeting before tryouts so your attendance is highly recommended.

# NEWS & EVENTS

### **Important!**

San Dimas High School is recognized as a Title 1 school. Title 1 is a federally funded program authorized under the Elementary and Secondary Education Act (ESEA). SDHS is awarded extra funding to support disadvantaged students to help meet state academic content and performance standards. Click <u>here</u> to read about how you may qualify for waivers of college app fees, reduced utility and internet costs and more. Click <u>here</u> to quickly apply for benefits.

### PSAT is on Oct 12th

Sign up and pay in our webstore <u>here</u> and **Don't Forget** to **pick up the test prep booklet in the Finance Office** 

### Be part of the SDHS Legacy

w/ the purchase of a Legacy Brick for your student. This personalized brick is a great way to honor your student while supporting our PTSA. Click <u>here</u> for more info.

### **SAN DIMAS HIGH SCHOOL**

## **STUDENTS**

saints

VALUE

saints

Need to complete your FAFSA for college but don't know where to start? Citrus College is hosting a FAFSA workshop for parents & students. Scroll down for flyer. This is a free event open to all, no matter what college you plan to attend.

> SDCP Reminder - you can earn up to half of your hours (30) with your job. One shift = 1 SDCP hour Don't forget to get your form completed and signed.

### Come and hear about college!

College reps will be on campus. Check out the schools below and sign up to attend in the media center. 9/21 - Univ of Tennessee,

- Knoxville <u>link</u> 9/23 - GCU <u>link</u> 9/29 ULV <u>link</u> 10/10 - Cal Poly Pomona <u>link</u> 10/11 - Cal Poly SLO <u>link</u> 10/14 UC Riverside <u>link</u> 10/20 - Whittier College <u>link</u> 11/16 - CSU Chico State link
- (Must sign up to attend)

Free tutoring available Tuesdays, Wednesday, and Thursdays after school from 3:45-5:00 pm In room H6

### **SAINTS ATHLETICS**

Interested in joining a SDHS Saints team? Here's a list of all of our Fall sports teams/coaches. Reach out to find out about tryouts, practice times,

<u>Football</u>	games ana more!	
Coach Holman		
M.Holman@bonita.k12.ca.	us <u>Spiritline</u>	Upcoming
<u>Boys Water Polo</u>	Coach King	Tryouts
<u>Doys water Polo</u> Coach Feola	coachksdhs@yahoo.com	
	Dance Team	Girls BB
dfeola103@gmail.com	Coach Boyd	9/26 6-8pm
<u>Girls Volleyball</u>	dboydsdhsdanceteam@gmail.com	10/17 6-8pm
Coach Chiappone		
d.chiappone@bonita.k12.ca	.us <u>Cross Country</u>	Girls Soccer
<u>Girls Tennis</u>	Coach Ulibarri	10/28 After
Coach Noel	diana.ulibarri1@hotmail.com	school in the
alnoel5@gmail.com		stadium

### ATTENTION!

You <u>must</u> have a physical on file **dated after May 1st, 2022 and signed by an MD, DO or PA only (if signed by NP, please make sure the doctor's office stamps the form)**. This is for tryouts, practice and regular season. For more info about athletic clearance, go <u>here</u>

www.sandimashigh.com



Parents -If you are arriving for a game at 3:30, please do not pull into Saints Court! You can park on the street or pull into the lot from Covina Blvd entrance.

Monday 9/19 Girls Tennis vs Alta Loma Varsity 3:30 away JV 3:30 away **Tuesday 9/20** Girls Tennis vs Diamond Ranch Varsity 3:30 away JV 3:30 home Girls Volleyball vs Diamond Ranch Frosh & JV 3:30 away Varsity 5pm away Wednesday 9/21 Cross Country - League Meet #1 2pm at Horsethief Canyon **Thursday 9/22** Girls Tennis vs West Covina Varsity 3:30 home JV 3:30 away Football Frosh vs Hesperia 3:30 home JV vs Monrovia 3:30 away Girls Volleyball vs West Covina Frosh 3:30 home JV 5pm home Varsity 6pm home Boys Water Polo vs Webb JV 4:30 away Varsity 3:30 away Friday 9/23 Football vs Monrovia Varsity 7pm away



# **JOIN THE PTSA**

### NO COMMITMENT NEEDED

**RECEIVE EVENT INFORMATION** 

HELP US REACH OUR GOAL OF 215 MEMBERS

SCAN HERE

MEMBERSHIP FEE \$8

HTTPS://JOINTOTEM.COM/CA/SAN-DIMAS/SAN DIMAS-HIGH-SCHOOL-PTSA

# San Dimas High School Boys Wrestling!



Let's start WRESTLING!!!

Come be a part of our growing program! Start training now and learn the basic fundamentals needed before the season starts. Don't miss out on what will be an incredible Championship season for the boys! Pre-Season practices start Tues Aug 30<sup>th</sup> at 3:30pm.

- Must have a Physical on File with the SDHS Administration. <u>https://www.sandimashigh.com/Forms/Athletics-Forms/index.html</u>
- > Email Coach Rodriguez and get on the emailing list for schedules & updates.
- Join the "Remind" App for critical real time notifications. Class Name: SDHS Boys Wrestling Class Code: sdhsboys
- > Have Wrestling, Running Shoes and Water for Practices.

### **Coach Contact Information**

Boys Head Coach:Jim Rodriguezcell:Boys Assistant Coach:Efrain Gonzalezcell:Boys Strength Coach:Sean Hoodyecell:

cell: 626-252-7735 cell: 626-483-9527 cell: 626-905-2664 email: j<u>rsdwrestling@verizon.net</u> email: <u>alphalionwc@gmail.com</u> email: <u>seanhoodye@yahoo.com</u>

Twitter: <a href="https://twitter.com/jrsdwrestling3">https://twitter.com/jrsdwrestling3</a><a href="https://www.instagram.com/san\_dimas\_wrestling/">https://www.instagram.com/san\_dimas\_wrestling/</a>Facebook: <a href="https://www.facebook.com/sandimaswrestling">https://www.instagram.com/san\_dimas\_wrestling/</a>



# CHOIR BASEBALL NIGHT

Bring your friends and family to enjoy the San Dimas Choir performing the National Anthem as well as a fun night of Angels Baseball!

September 30, 2022 Gates open at 4 PM • Game starts at 6 PM Tickets \$20 in ASB Office

**ANGELS VS. RANGERS** 





DIPLOMA

The Citrus College Financial Aid Department is hosting a Cash for College workshop, where students and their parents will receive hands-on support completing the 2023-2024 Free Application for Federal Student Aid (FAFSA) and California Dream Act Application.

### When:

Saturday, October 1, arrive anytime between 9 a.m. and 11:30 a.m.

Where: Virtual via Zoom

#### How:

**Register today at:** <u>https://zoom.us/meeting/register/tJAsceqtrj4oHNaYFm5G7XuEC26rR34z1xf0</u>

#### **Prior to the event:**

*Create your Federal Student Aid (FSA) ID.* To complete the FAFSA, students and parent(s) must create a FSA ID at <u>https://fsaid.ed.gov</u>

### Bring with you on the day of the event:

- FSA ID
- Student/parent 2021 income tax returns (1040s) and W-2s
- Driver's license, if you have one
- Social security card, if you have one
- Alien registration card, if you have one
- Individual taxpayer identification number (ITIN), if you have one
- List of colleges you are interested in attending
- Most current bank statements
- Any records of untaxed income, pensions, disability benefits, IRS contributions, veterans' benefits, and child support payments received or paid

For more information, visit www.citruscollege.edu/stdntsrv/finaid/Pages/ImportantDates.aspx



# **San Dimas High Schools** Wellness Center Grand Opening OCTOBER 10, 2022

3:30 PM

COME CELEBRATE MENTAL HEALTH AWARENESS DAY WITH THE SDHS WELLNESS CENTER GRAND OPENING

SAINTSVALUESAINTS 800 W. Covina Blvd., San Dimas