



# SAINTS BULLETIN

## WEEKLY NEWSLETTER

### THIS WEEK

- 9/26 - Girls basketball tryouts 6pm in the gym
- 9/27 - Come out and support girls volleyball and tennis vs Northview today
- 9/28 - Eat at Panda Express today and mention SDHS to support our softball team
- 9/29 - ULV presentation - see below to sign up
- 9/30 - Friday night lights - Football vs Don Lugo @7pm - away



**Sept 30** - Celebrating Central America - Enjoy some Pupusas. Must [pre-order](#). Will be delivered during 1st & 2nd lunch.

**Oct 3-6** - Celebrating Spain - Chess Tournaments. Sign up [here](#)

**Oct 11** - Celebrating the Caribbean - Salsa Dancing in the quad at lunch

### **Girls Soccer Meeting - Parents & Players**

**On 9/28 5-6pm** in Media Center  
These meetings are for all girls interested in playing this upcoming season. Coaches will go over **very important information**. **This is the only meeting before tryouts so your attendance is highly recommended.**

### NEWS & EVENTS

#### **Important!**

San Dimas High School is recognized as a Title 1 school. Title 1 is a federally funded program authorized under the Elementary and Secondary Education Act (ESEA). SDHS is awarded extra funding to support disadvantaged students to help meet state academic content and performance standards. Click [here](#) to read about how you may qualify for waivers of college app fees, reduced utility and internet costs and more. Click [here](#) to quickly apply for benefits.

#### **SDCP Volunteer Opportunity**

Soroptimist San Dimas/La Verne needs 6 volunteers on **October 8th from 5:00 - 8:15** at the BCA for our LunaFest Screening. Volunteers must be at least 13 years of age. Responsibilities include setup, ushering and cleanup. Please text Rachel to volunteer. 909.455.6302

#### **PSAT is on Oct 12th**

Sign up and pay in our webstore [here](#) and **Don't Forget to pick up the test prep booklet in the Finance Office**

## STUDENTS

*Need to complete your FAFSA for college but don't know where to start? Citrus College is hosting a FAFSA workshop for parents & students. Scroll down for flyer. This is a free event open to all, no matter what college you plan to attend.*

## **Come and hear about college!**

College reps will be on campus. Check out the schools below and sign up to attend in the media center.

9/29 ULV [link](#)

10/10 - Cal Poly Pomona [link](#)

10/11 - Cal Poly SLO [link](#)

10/14 UC Riverside [link](#)

10/20 - Whittier College [link](#)

10/24 - CSU San Bernardino [link](#)

11/16 - CSU Chico State [link](#)

**(Must sign up to attend)**

## Citrus College

**Automotive & Medium/Heavy Diesel Truck Tech Open House**

Meet faculty, as well as current and past students • Program Q&As (fees, tools, financial aid, etc.) • Learn about automotive technology, maintenance and light repair, Toyota technical training, medium/heavy diesel truck technology, and the High Performance Institute • Tour auto labs and see demonstrations of engines, transmissions, chassis, smog diagnosis • One registered guest may attend the Open House with you

Date: Wed. Oct 26th \ Time: 6:30-8:30pm \ Location: Citrus College at Hayden Hall

Click [here](#) to register.

**saints**  
**VALUE**  
**saints**

## SAINTS ATHLETICS

*Interested in joining a SDHS Saints team? Here's a list of all of our Fall sports teams/coaches. Reach out to find out about tryouts, practice times, games and more!*

### Football

Coach Holman

M.Holman@bonita.k12.ca.us

### Boys Water Polo

Coach Feola

dfeola103@gmail.com

### Girls Volleyball

Coach Chiappone

d.chiappone@bonita.k12.ca.us

### Girls Tennis

Coach Noel

alnoel5@gmail.com

### games and more!

### Spiritline

Coach King

coachksdhs@yahoo.com

### Dance Team

Coach Boyd

dboydsdhsdanceteam@gmail.com

### Cross Country

Coach Ulibarri

diana.ulibarri1@hotmail.com

Upcoming  
Tryouts

### **Girls BB**

9/26 6-8pm

10/17 6-8pm

### **Girls Soccer**

10/28 After  
school in the  
stadium

## **ATTENTION!**

You **must** have a physical on file **dated after May 1st, 2022 and signed by an MD, DO or PA only (if signed by NP, please make sure the doctor's office stamps the form)**. This is for tryouts, practice and regular season. For more info about athletic clearance, go [here](#)

# SAINTS



**Monday Sept 26**

No Sports

**Tuesday Sept 27**

Var Tennis @ San Dimas @ 3:30 - Home

JV @ Northview @ 3:30 - Away

Volleyball vs Northview @ San Dimas - Home

FS/JV/Var @ 3:30/4:30/6pm

Water Polo @ Rowland - Away

Var/JV @ 3:30 / 4:30

**Wednesday Sept. 28**

No Sports

**Thursday Sept 29**

Var Tennis @ Covina @ 3:30 - Away

JV @ San Dimas @ 3:30 - Home

Volleyball vs @ Covina - Away

FS/JV/Var @ 3:30/4:30/6pm

Water Polo @ Charter Oak- Away

Var/JV @ 3:30 / 4:30

Football

Frosh vs Don Lugo @ 3:30 - Home

JV @ Walnut @ 3:30 - Away

**Friday Sept 30th**

Var Football @ Don Lugo @ 7pm

**Sat Sept 31**

JV Water Polo @ Ayala Tourney Location TBA - 8am

XC at Asics Invite, Temecucula, @ 5pm

**Parents -**  
If you are arriving for a game at 3:30, please do not pull into Saints Court! You can park on the street or pull into the lot from Covina Blvd entrance.

ATHLETICS

**San Dimas High School PTSA**



# **JOIN THE PTSA**

**NO COMMITMENT NEEDED  
RECEIVE EVENT INFORMATION**

**HELP US REACH OUR GOAL OF 215  
MEMBERS**

**MEMBERSHIP FEE \$8**

**SCAN HERE**



**[HTTPS://JOINTOTEM.COM/CA/SAN-DIMAS/SAN-DIMAS-HIGH-SCHOOL-PTSA](https://JOINTOTEM.COM/CA/SAN-DIMAS/SAN-DIMAS-HIGH-SCHOOL-PTSA)**



The Citrus College Financial Aid Department is hosting a Cash for College workshop, where students and their parents will receive hands-on support completing the 2023-2024 Free Application for Federal Student Aid (FAFSA) and California Dream Act Application.

### When:

Saturday, October 1, arrive anytime between 9 a.m. and 11:30 a.m.

### Where:

Virtual via Zoom

### How:

Register today at:

<https://zoom.us/meeting/register/tJAsceqtrj4oHNaYFm5G7XuEC26rR34z1xf0>

### Prior to the event:

Create your Federal Student Aid (FSA) ID.

To complete the FAFSA, students and parent(s) must create a FSA ID at <https://fsaid.ed.gov>

### Bring with you on the day of the event:

- FSA ID
- Student/parent 2021 income tax returns (1040s) and W-2s
- Driver's license, if you have one
- Social security card, if you have one
- Alien registration card, if you have one
- Individual taxpayer identification number (ITIN), if you have one
- List of colleges you are interested in attending
- Most current bank statements
- Any records of untaxed income, pensions, disability benefits, IRS contributions, veterans' benefits, and child support payments received or paid



For more information, visit [www.citruscollege.edu/stdntsr/finaid/Pages/ImportantDates.aspx](http://www.citruscollege.edu/stdntsr/finaid/Pages/ImportantDates.aspx)

“Show Your Voice!”

Reflections encourages students of all ages to:

Unleash creative talents and be inspired

Express themselves imaginatively in their artwork

Experience the fun and joy of making art

Tap into critical thinking skills to create art

inspired by the annual theme

Receive positive recognition for their original  
works of art.

Submit original artwork in one of six areas:

Dance Choreography

Literature

Photography

Film Production

Music Composition

Visual Arts

**All submissions will be dropped off to the office  
by 21 October with Ms Pena.**



# San Dimas High Schools Wellness Center Grand Opening

OCTOBER 10, 2022  
3:30 PM

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COME CELEBRATE MENTAL  
HEALTH AWARENESS DAY  
WITH THE SDHS WELLNESS  
CENTER GRAND OPENING

SAINTS VALUE SAINTS

909-971-8230

[Sandimashigh.com](http://Sandimashigh.com)

800 W. Covina Blvd., San Dimas